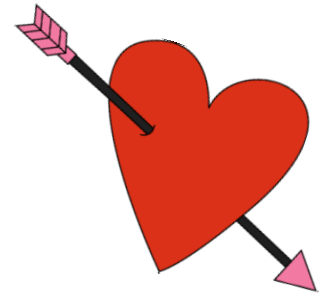




Hastings Field House February 2019 Schedule

Changes Monthly



Mon - Fri 9:00am – 9:00pm

Sat 8:00am – 8:00pm

Sun 9:00am – 7:00pm

Hours outside the regular times are available. Contact Field House to make arrangements.

Programs

Stretch & Tone - Monday 9:30-10:30am
\$4.00 drop in

Walk Fit Class – Tues/Thurs: 9:00 – 10:00 am
\$2.00 Drop in

Pickleball - Mon/Thurs 6:00-8:30 pm
Wed/Fri 1:00-3:30 pm
\$5.00 Drop in

Ontario EarlyON – Friday Feb 1st
9:00am-11:00am Friday Feb 15th
FREE

Bootcamp – Thurs 5:30-6:30
Jan 17 – March 7 \$50 for 8 weeks
\$10 Drop in

Golf Schedule

Mon to Fri 11:00 am - 4:00 pm

Sports Court & Field / Turf

Please call or email for availability and we will be happy to accommodate your request.

OPEN

Monday Feb 18th



GYM EQUIPMENT EXCLUSIVELY FOR MEMBERS

Monthly Memberships available for as low as \$25.00 per month includes track and equipment.



Hastings Field House- 97 Elgin Street, Hastings 705-696-2252.