September 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	01	02	03	04	05	06
07	08	FA-3244 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	09:00 AM-10:00 AM Stick & Puck - 2025/2026 FA-3244 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	09:00 AM-10:00 AM Stick & Puck - 2025/2026 FA-3244 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	09:00 AM-10:00 AM Stick & Puck - Sept 2025 FA-3243 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	13
		FA-3239 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life		FA-3243 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	10:00 AM-11:00 AM Senior Shinny (50+) - 2025/2026 FA-3242 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
			12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre 04:00 PM-05:00 PM	
			Stick & Puck - Sept 2025 FA-3243 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		Adult (18+) Shinny - 2025/2026 FA-3241 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
14	09:00 AM-10:00 AM Stick & Puck - 2025/2026 FA-3244 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	FA-3244 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	09:00 AM-10:00 AM Stick & Puck - 2025/2026 FA-3244 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		09:00 AM-10:00 AM Stick & Puck - 2025/2026 FA-3244 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	20
	10:00 AM-12:00 PM Parents & Tots - 2025/2026 FA-3239 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	FA-3239 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	10:00 AM-11:00 AM Senior Shinny (50+) - 2025/2026 FA-3242 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	FA-3243 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	10:00 AM-11:00 AM Senior Shinny (50+) - 2025/2026 FA-3242 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
	12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
	O3:30 PM-05:00 PM Stick & Puck - Sept 2025 FA-3243 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		03:30 PM-05:00 PM Stick & Puck - Sept 2025 FA-3243 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		04:00 PM-05:00 PM Adult (18+) Shinny - 2025/2026 FA-3241 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
Trent Hills FA-3199 / Firmed Sunny Life Recreation and	Wellness Centre / Sunny Life Recreation and Wellness Centre	FA-3244 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	09:00 AM-10:00 AM Stick & Puck - 2025/2026 FA-3244 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	09:00 AM-10:00 AM Stick & Puck - 2025/2026 FA-3244 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	26 09:00 AM-10:00 AM Stick & Puck - 2025/2026 FA-3244 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	27
	Wellness Centre / Sunny Life Recreation and Wellness Centre	FA-3239 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	Wellness Centre / Sunny Life Recreation and Wellness Centre	FA-3243 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	10:00 AM-11:00 AM Senior Shinny (50+) - 2025/2026 FA-3242 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
	12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre 03:30 PM-05:00 PM		12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
	Stick & Puck - Sept 2025 FA-3243 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		Stick & Puck - Sept 2025 FA-3243 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		O4:00 PM-05:00 PM Adult (18+) Shinny - 2025/2026 FA-3241 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Trent Hills FA-3199 / Firmed Sunny Life Recreation and	Wellness Centre / Sunny Life Recreation and Wellness Centre	30 09:00 AM-10:00 AM Stick & Puck - 2025/2026 FA-3244 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	01	02	03	04
	10:00 AM-12:00 PM Parents & Tots - 2025/2026 FA-3239 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	10:00 AM-12:00 PM Parents & Tots - 2025/2026 FA-3239 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre				
	12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre					
	03:30 PM-05:00 PM Stick & Puck - Sept 2025 FA-3243 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	01 10:00 AM-11:00 AM Senior Shinny (50+) - 2025/2026 FA-3242 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	02 09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	03 09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	04
			12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	03:30 PM-05:00 PM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	10:00 AM-11:00 AM Senior Shinny (50+) - 2025/2026 FA-3242 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
					Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
05	06	07	08	09	Adult (18+) Shinny - 2025/2026 FA-3241 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	11
O2:30 PM-03:30 PM Public Skating - 2025 2026 - Trent Hills FA-3199 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	Recreation and Wellness Centre	09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
	Parents & Tots - 2025/2026 FA-3239 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	Parents & Tots - 2025/2026 FA-3239 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	Senior Shinny (50+) - 2025/2026 FA-3242 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	Senior Shinny (50+) - 2025/2026 FA-3242 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
		Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre 04:00 PM-05:00 PM Adult (18+) Shinny - 2025/2026	
					FA-3241 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
02:30 PM-03:30 PM Public Skating - 2025 2026 - Trent Hills FA-3199 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	Wellness Centre / Sunny Life	09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	18
		10:00 AM-12:00 PM Parents & Tots - 2025/2026 FA-3239 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	Sunny Life Recreation and Wellness Centre / Sunny Life	FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	10:00 AM-11:00 AM Senior Shinny (50+) - 2025/2026 FA-3242 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
		Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
	20	21	22	23	Adult (18+) Shinny - 2025/2026 FA-3241 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	25
02:30 PM-03:30 PM Public Skating - 2025 2026 - Trent Hills FA-3199 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
	Recreation and Wellness Centre		Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	10:00 AM-11:00 AM Senior Shinny (50+) - 2025/2026 FA-3242 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
	Wellness Centre / Sunny Life	03:30 PM-05:00 PM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
					04:00 PM-05:00 PM Adult (18+) Shinny - 2025/2026 FA-3241 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Trent Hills FA-3199 / Firmed Sunny Life Recreation and	FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	Sunny Life Recreation and Wellness Centre / Sunny Life	30 09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	09:00 AM-10:00 AM Stick & Puck FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	01
	Sunny Life Recreation and Wellness Centre / Sunny Life	Wellness Centre / Sunny Life	Sunny Life Recreation and Wellness Centre / Sunny Life	FA-3297 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life	10:00 AM-11:00 AM Senior Shinny (50+) - 2025/2026 FA-3242 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
	FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life		12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre		12:00 PM-01:00 PM Adult Skating - 2025/2026 FA-3240 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	
					04:00 PM-05:00 PM Adult (18+) Shinny - 2025/2026 FA-3241 / Firmed Sunny Life Recreation and Wellness Centre / Sunny Life Recreation and Wellness Centre	